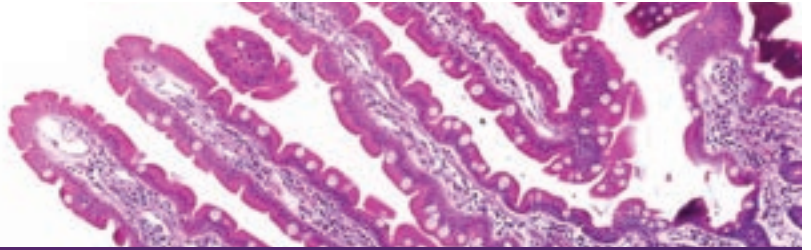


Dr Paul Froomes

Consultant Physician & Gastroenterologist
BMedSci MBBS FRACP MD



PATIENT INFORMATION

Gastroscopy Information & Instructions

Your doctor has determined that a **gastroscopy** is necessary for further evaluation or treatment of your condition.

A gastroscopy is a procedure that enables the doctor to see the lining of the stomach for abnormalities. This is done by passing a flexible tube via the mouth, through which a bright light is passed via fibre optics. Unlike X-rays, a gastroscopy allows the doctor to see the surface of areas directly and can provide far more detail and accuracy than an X-ray.

Preparation for Gastroscopy

The stomach must be completely clean and empty for the procedure to be successful. Inadequate preparation may result in having to repeat the test on another day. To achieve complete emptying, it is most important that you follow these instructions.

Please read all instructions carefully:

Please keep taking your usual medications and check with your doctor if you are taking Warfarin, Aspirin or Diabetic Medication. If you are unsure or on other medication, please consult your doctor for advice. Please bring all medications you are currently taking to the hospital with you on your admission.

- No food or drink to be taken from **12.00 midnight** prior to your admission
- Diabetics should only take half of their morning Insulin or tablets with just a sip of fluid.
- You will need to arrange for someone to take you home - as you will not be allowed to leave unescorted.

If you have any questions, please give Rebecca or Jan a call at Dr Paul Froomes Rooms on: **Ph 9331 3122.**

www.drpaulfroomes.com.au

For All Appointments - Phone 9331 3122

Consulting at:

- **Essendon Private Hospital**, 35 RoseHill Road, Essendon
- **John Fawkner Hospital**, 275 Moreland Road, Coburg
- **Thomastown Consulting Suites**, 113 High Street, Thomastown
- **Bundoora Endoscopy Centre**, 119 Plenty Road, Bundoora