

**Dr Paul Froomes**Gastroenterologist **Marika Tashevska**Life Coach

**Dr Andrew Monk**Metabolic Specialist **Dr David Hoyle**Anaesthetist

Michael Andrews Dietician Jan Burr Secretary

Melbourne Institute for Obesity 35 Rosehill Rd West Essendon 3040 Tel: 03 93313122

## **Intragastric Balloon Patient Selection**

## **PATIENT SELECTION**

The manufacturer recommends that the Orbera Balloon not be used for more than six months at a time. The most suitable candidates for this therapy are:

- Patients with moderate obesity (BMI 30 40) which places them at serious medical risk
- Patients with severe obesity (BMI >40) who are awaiting definitive surgery (isolated gastric bypass or gastric banding)
- Severely obese patients with co-morbid conditions which make them high-risk for surgery or anesthesia

## **CONTRAINDICATIONS TO THE BALLOON**

•	Gastric or duodenal ulcer	Y/N
•	Gastric or oesophageal cancer	Y/N
•	Ulcerative colitis or Crohn's Disease	Y/N
•	Oesophagitis or oesophageal stricture	Y/N
•	Previous oesophageal, gastric or duodenal surgery	Y/N
•	Oesphageal or gastric varices	Y/N
•	Hereditary telangiectasia	Y/N
•	Gastrointestinal motility disorders	Y/N
•	Hiatus hernia greater than 5cm	Y/N
•	Liver cirrhosis	Y/N
•	Alcohol or drug addiction	Y/N
•	Systemic scleroderma	Y/N
•	Significant renal impairment or failure	Y/N
•	Pregnancy or lactation	Y/N
•	Poorly controlled psychiatric illness	Y/N
•	Eating disorders	Y/N

## **PRECAUTIONS INCLUDE**

- Minor psychiatric disease which may be considered to compromise a patient's adaption to the balloon or general compliance to the weight loss management program
- NSAID or aspirin usage (can be used 2 weeks after the balloon is inserted.)
- Mild renal impairment, without electrolyte disturbance.